



SKI UTAH / marketstar^{*}
CYCLING TEAM

Presents the

TOUR OF THE DEPOT

STAGE RACE – APRIL 9-10, 2011 – TOOELE, UT



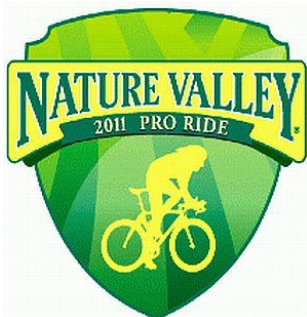
RACE BIBLE

UNDER USA CYCLING PERMIT 2011-707

A UCA POINTS SERIES EVENT

AND

NATURE VALLEY
PRO RIDE
QUALIFIER



PUBLISHED 4-1-2011

TABLE OF CONTENTS

Staff & Contact	3
Overview	4
Number Pickup	4
Nature Valley Pro Ride	5
General Information	6
Emergency Information	8
Event Parking	9
Stage 1 – Tour of the Depot Road Race	10
Stage 2 – Anaconda Rd Time Trial	16
Stage 3 – Pine Valley Circuit Race	17
Awards and Post Race Celebration	22
Cash Award Schedule	23
Sponsors	24

STAFF & CONTACT

Chief Referee: GARY BYWATER

Chief Judge: HOLLY BLANCO

**Moto Officials: RICHARD BLANCO
HARRY LAM**

**Assisting Officials: LOUISE BYWATER
SHANNA MATHESON
TIM EISENHART**

Timing & Results: ONE2GO EVENT SERVICES

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Race Mechanic: STEVE SMOCK

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Website: WWW.TOUROFTHEDEPOT.COM

Email: INFO@TOUROFTHEDEPOT.COM

Phone: 801-558-7215

Every effort has been made to make this Race Bible as complete as possible. Last minute changes will be announced by the Promoter or Chief Referee at the start of each stage.

EVENT OVERVIEW

Stage 1 – Tour of the Depot Road Race (page 9)

Saturday, April 9th – 9:00 am

Location: Stockton, UT

Stage 2 – Anaconda Rd Time Trial (page 15)

Saturday, April 9th – 4:00 pm

Location: Tooele, UT – Elton Park (400 N 500 E)

Stage 3 – Pine Valley Circuit Race (page 18)

Sunday, April 10th – 9:00 am

Location: Tooele, UT – Elton Park (400 N 500 E)

PACKET PICK UP

You are encouraged to pick up your race packet prior to race day at the following locations:



MILLCREEK
BICYCLES

Millcreek Bicycles

Thursday April 7th from 5-7 pm

3969 South Wasatch Blvd. - Salt Lake City

**YOU MUST BE REGISTERED BY 10PM WEDNESDAY
APRIL 6th TO PICK UP ON THURSDAY AT MILLCREEK**



Holiday Inn Express Tooele

Friday April 8th from 7-9 pm

1531 N. Main St - Tooele

Contact us if you plan to arrive late Friday night
to coordinate late pickup at the hotel.

RACE DAY PACKET PICKUP:

If you can't make one of the pre race-day packet pickups, you can pick up your packet at the Stage 1 start before 8:30 am.

NATURE VALLEY PRO RIDE

WHAT IS IT?

The Nature Valley Pro Ride is a series of 6 qualifying events throughout the country. The top amateur man and woman at each qualifier are invited to become part of a pair of composite Nature Valley Cycling Teams at this year's Nature Valley Grand Prix in Minneapolis, MN. Qualified riders receive entry to the Nature Valley Grand Prix, travel subsidies, host housing and coaching from team director and former pro Michael Engleman. It is a unique opportunity for amateur racers to get the pro experience and possibly get noticed by one of the many pro teams they will be competing against.



ELIGIBILITY:

The Nature Valley Pro Ride program is open to:

- Amateur cyclists who will be 18 years or older on June 15
- Riders who are not, or have not ever been, members of a UCI-registered team
- United States residents who hold a USA Cycling racing license
- Men must hold Category 1 licenses while women must hold Category 1 or 2 licenses at the start of the Tour of the Depot
- Riders whose team (stated on their racing license) is not attending the Nature Valley Grand Prix

INTENTION OF QUALIFICATION:

Racers competing with intention to qualify for the Nature Valley Pro Ride at the Tour of the Depot must state so prior to the start of the event. When registering for the event at Sportsbaseonline.com, Cat 1/2 Men and Cat 1/2/3 Women will be asked if they would accept an invitation if they qualified at the event. Answer "yes" to confirm your intention.

Intentioned riders that qualify do not have to accept the invitation, however if you do not state your intention to qualify, you become ineligible for the NVPR at the start of the event.

DESIGNATION OF NVPR COMPETITORS:

Intentioned racers will be issued GREEN frame number plates at the Tour of the Depot which will be used in the Road and Circuit Races. This will allow them to be easily distinguishable from non-intentioned/eligible riders within the pack.

VISIT WWW.NATUREVALLEYPRORIDE.COM FOR FULL DETAILS

GENERAL INFORMATION

JERSEY NUMBERS:

Cat 1/2 Men & Cat 1/2/3 Women will be issued two Bib Numbers. Numbers will be worn on **BOTH SIDES** for Stages 1 & 3. The number on the Left should mirror the number on the Right. Only one number on the **RIGHT** is required for the Stage 2 TT.

All other categories will be issued one Bib Number to be worn on the **RIGHT** for all stages.

Bib Numbers are to be worn on your sides so when riding with your hands in the drops, the numbers read right side up by someone standing to either side of you. **It's up to you to be sure the finish line cameras and officials can read your number properly. Incorrectly placed or worn numbers will be subject to a fine per USAC rules**

FRAME NUMBERS:

Frame numbers are **required** for stages 1 & 3 (ie - on your road bike). Use twist ties, zip ties, tape, or a seat post clamp to attach the frame number to your seatpost underneath your saddle.

SCORING:

General Classification (GC) shall be determined by the sum of the individual stage times, plus applicable time bonuses and penalties. Riders finishing in a pack will be given the same time as the leader of that group.

If a rider fails to finish Stage 1 or 2 due to a mechanical or mishap or other reason, they may continue **with official's approval**, and will be given a stage time per the following:

Stage 1 RR – last place Stage 1 finisher time in your category +2 minutes.

Stage 2 TT – last place Stage 2 finisher time in your category +10 seconds.

If a rider fails to finish a stage and would like to continue, they **MUST** report to an official for approval of continuation and be given a time for the unfinished stage.

Riders **MUST** finish Stage 3 to be given a final GC time. Non-finishers on Sunday will be scored DNF.

RESULTS:

Results will be posted at the stage locations and on the race website following each stage. Results will be posted to the website once they have been finalized by the officials.

STAGE SIGN-IN:

Riders must personally sign-in for Stages 1 & 3 at least 20 minutes before the scheduled start time. Sign-in will help officials to quickly verify who is in attendance and keep things on schedule. If you know or later decide you are not racing on Sunday, please inform an official.

WEATHER:

All races will be run regardless of weather. Weather in northern Utah during the month of April can vary greatly. It could be raining and windy, it could be sunny and 70, it could be snowing. **BE PREPARED!** The promoter and officials reserve the right to reduce the race distances or cancel a stage, before or during an event, for riders' safety.

COMBINED UCA CATEGORIES:

The following categories will be raced together. The two categories will be scored together and be awarded a single prize list. However, the categories will be scored separately per UCA regulation when awarding UCA points. Each category will be issued distinct race numbers, so riders know who is in their UCA category within the race.

Masters 35+ Men will race with Masters 45+ Men

Masters 55+ Men will race with Masters B

Masters Women will race with Women Cat 4

PENALTIES:

Penalties will be in accordance with the USAC Rulebook. All USAC rules will be enforced, including helmet and center-line rules.

- *Anyone riding without a helmet, except on rollers or trainers, between registration and the end of awards, is subject to a \$20 fine and/or disqualification.*
- The center-line rule will be strictly enforced. Other than the last 500 meters of the circuit race lap, all courses are open to traffic.

If you are on your own and out of contention during a stage, stay to the far right of the road to minimize impact on traffic. Ride as if you are out on a training ride (except maybe a little faster).

Officials' judgments are final. They may use this Race Bible as a guide, but they may make a more appropriate decision to an issue based on the current situation. Please be courteous and understanding toward the officials. They are there to ensure fairness and for YOUR safety.

HYPER-HYDRATION RELIEF:

All racers are aware of the need to relieve one's bladder just prior to the start of an event. We will have portable toilets near the start for all events. Additionally, there are public facilities at Elton Park. With varying start times for all groups, there should not be much back up.

All stages start in residential areas. Anyone relieving in plain sight or inappropriately can EXPECT one of the penalties listed below. More than one event has been lost due to this issue. Please help us to maintain a quality event by cooperating with this rule.

Public urination is subject to the following penalties:

First Offense – \$50 fine and/or time penalty and/or disqualification

Second Offense – disqualification

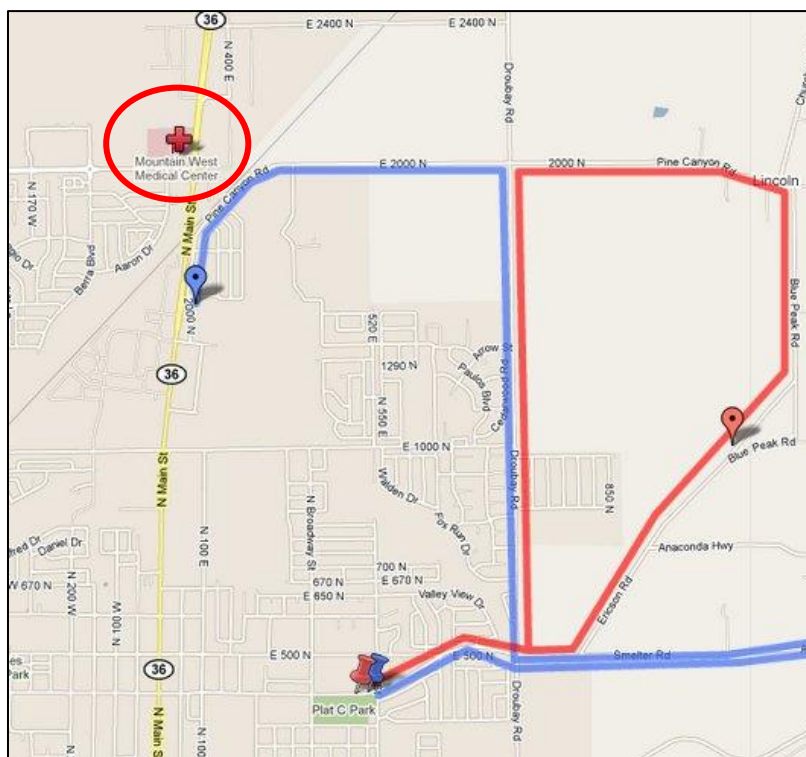
EMERGENCY INFORMATION

Mountain West Medical Center

2055 North Main St, Tooele, UT 84074

(435) 843-3600

On west side of Hwy 36 at the north end of town
Enter from 2000 North

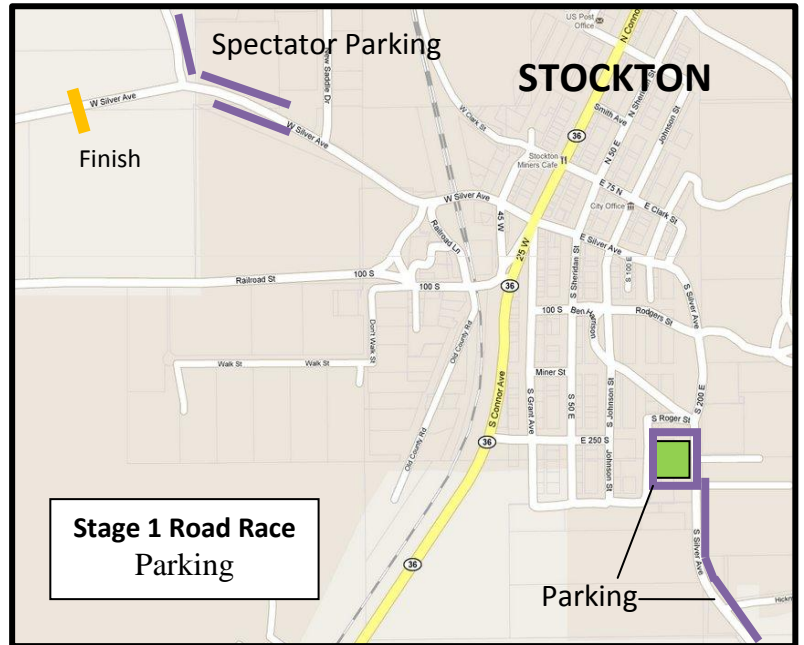


EVENT PARKING

STAGE 1 RR

Staging is taking place at the city park on East Silver Ave in Stockton, UT. There is some parking at the park, but not enough for the numbers we are expecting at the event. Once the park is to capacity, we will be instructing to park along Silver Ave to the south of the park. We will have parking marshals onsite directing where to park. Please heed their instruction.

We will only be parking cars along one side of Silver Ave to minimize impact to locals and to those warming up before the race. Be prepared to park up to a half mile or more from the Staging area.



Finish Line/Spectator

There is no parking within 200m of the finish. Parking will be on a gravel side road near the finish. If you park on the main road (Silver Ave) ***be sure you park completely off the roadway (and then some!)***.

STAGE 2 TT

Parking at Elton Park, in park lots and street parking surrounding the park.

STAGE 3 CR

Racers parking at Elton Park.

Finish Line/Spectator

Finish Line parking will be on the south side of Blue Peak Rd just off of Ericson Rd near the finish. Parking will be perpendicular to the road with back-in parking recommended.



STAGE 1

TOUR OF THE DEPOT ROAD RACE

COURSE DESCRIPTION:

The race starts and finishes in the small mining community of Stockton, UT. The route heads west from Stockton and travels the west side of the valley.

- Cat 1/2 Men have three climbs, each more difficult than the previous, and two Intermediate Sprints in their event. After heading north and turning around in Grantsville, the first climb begins, returning riders over Stockton Pass. The first Intermediate Sprint is soon after at the outskirts of Rush Valley. Then the course continues west through the Stansbury Mountains, over Johnsons Pass at 6500' and then drops down into Skull Valley (4700'). After another turnaround at Dugway, riders have another Intermediate Sprint just before climbing begins back over Johnsons Pass. Then it's 22 quick miles from the top of the pass back to Stockton for the finish.
- The 62 mile course (Women 1/2/3, Cat 3 Men and Masters 35/45+) is the same as above except it only climbs part way to Johnsons pass to Clover Spring Campground at 6000'.
- The 49 mile course is the same as above to Rush Valley where it turns Left and follows a 1 mile loop before returning to the main road and continuing on back to Stockton.
- The Junior 29 mile course heads straight to Rush Valley (turns Left on Mormon Trail Rd) and uses the same turnaround loop as the 49 mile course.

STAGE 1 START TIMES

Category	Start time	Distance	Intermediate Sprint
CAT 1/2 Men	9:00 am	90 mi	33 & 63 mi
Women CAT 1/2/3	9:03 am	62 mi	33 mi
Women CAT 4/Mas	9:05 am	49 mi	-
Juniors	9:10 am	29 mi	-
CAT 4 Men	9:20 am	49 mi	-
CAT 3 Men	9:27 am	62 mi	-
Mas B / Mas 55+	9:30 am	49 mi	-
Mas A (35+/45+)	9:37 am	62 mi	-
CAT 5 Men	9:40 am	49 mi	-

NEUTRAL ROLLOUT:

The first mile of the race will be neutral through town and across one set of rail road tracks. Be prepared to stop for highway traffic or trains. Course marshals will be in place to ensure packs cross these safely and efficiently. The race will start when passing the finish line, approximately ½ mile after crossing the tracks.

INTERMEDIATE SPRINTS:

There will be an Intermediate Sprint for Cat 1/2 Men and Cat 1/2/3 Women at the 33 mile mark while approaching the town of Rush Valley. See the course map on page 10.

Cat 1/2 Men have a second Intermediate Sprint at the 63 mile mark just before starting the final significant climb over Johnson Pass. The sprint is located 5 miles before the summit.

TIME BONUSES (updated):

Stage 1 & 3 Time Bonuses for **Intermediate Sprints**
(Cat 1/2 Men & Cat 1/2/3 Women)

1st – 3 sec

2nd – 2 sec

3rd – 1 sec

Stage 1 & 3 Time Bonuses at the **Finish** (*all categories*)

1st – 10 sec

2nd – 6 sec

3rd – 4 sec

➤ All Time Bonuses apply to GC only, not to stage result.

FEED ZONE:

There will be a neutral feed zone at the top of Stockton Pass, which is the high point of Mormon Trail Road, while heading south at the 28 mile mark.

The feed zone is located 7 miles west of Stockton, just north of Silver Avenue on Mormon Trail Road. Support personnel must park completely off the roadway as riders will be traveling in both directions on the road.

There will be a crew at the feed zone handing out water bottles for all riders. However, you are still encouraged to supply your own feed person.

TIP - The weather will likely be mild. It should be very easy for 49 mile racers to complete the race on 2 large bottles and not worry about taking feed.

TERRA FEED (Cat 1/2 Men only):

Cat 1/2 Men have an additional feed zone at the remote town of Terra, UT which is 4 miles west of Johnson's Pass. This is at the 64 mile mark of the race.

This Feed will have limited neutral support. Teams are encouraged to supply a feed person. Crews may stop at the summit to watch the race go by. However no feeding may occur at the summit. For riders' safety on the descent, crew persons that stop at the summit must remain at the summit until the entire race has passed. Racers have 20 miles from the summit to the Terra Feed, while it is only 4 miles from the summit for crews to travel. There will be plenty of time for crews to travel from the summit to the feed after the race has passed. Crews are not to travel past the Terra Feed.

After feeding, crews need to be very conscious and careful of riders approaching from behind while descending back towards Rush Valley.

Once in Rush Valley, crews are to continue straight (the race course turns left) and take Hwy 36 back to Stockton.

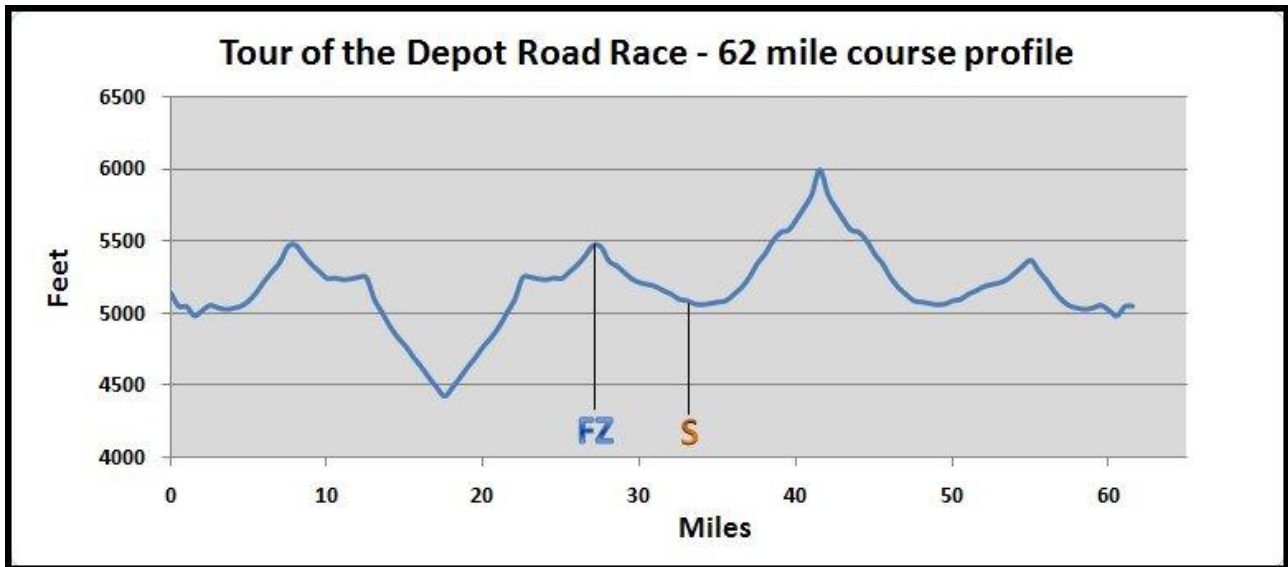
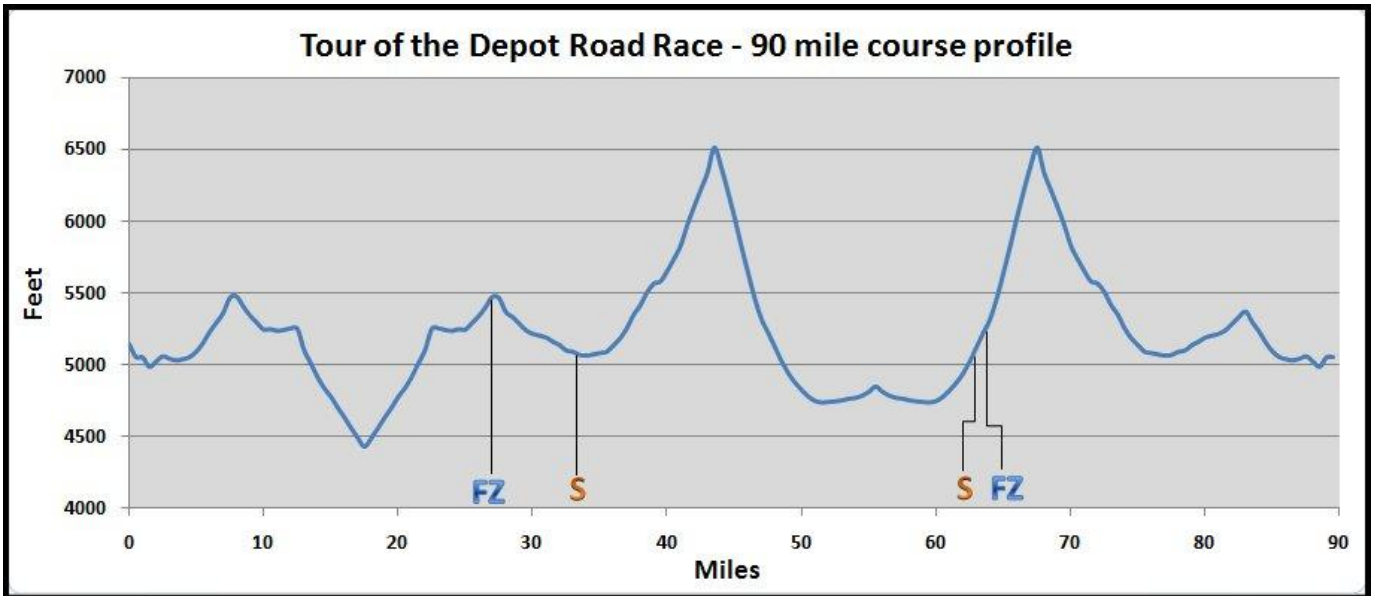
DO NOT DROP EMPTY BOTTLES ALONG THE ROAD – ESPECIALLY WEST OF JOHNSONS PASS IN SKULL VALLEY AS THEY WILL BE DIFFICULT TO RECOVER. PLEASE – FOR OUR ENVIRONMENT'S SAKE - ONLY DROP BOTTLES AND GARBAGE IN THE FEED ZONES.

FINISH LINE:

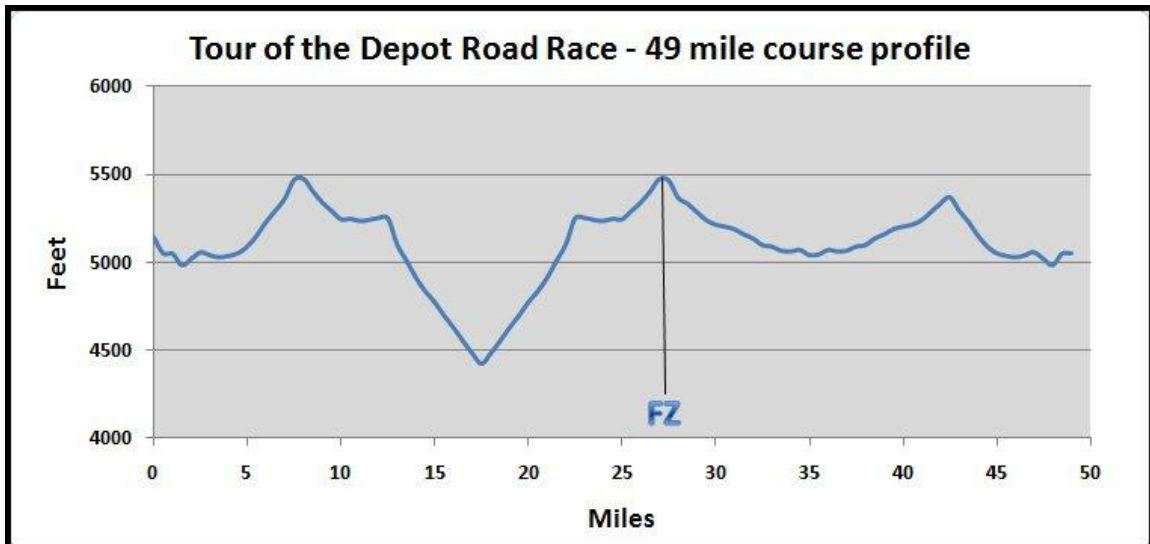
Do not linger at the finish line after completing the stage. Return to Stockton Park and start resting/preparing for your Time Trial. If you want to stick around to see your friends or teammates finish, you must stay *completely* off the roadway. Officials at the finish line will hand out time penalties and/or fines to riders lingering on the road within eyesight of the finish.

RESULTS:

Results will be posted at Stockton Park as soon as they are available. Normal protest rules apply. Results will also be posted with TT start times at Elton Park in Tooele. Results and TT Start Times will also be posted online once they are official.



* Sprint applies to Women 1/2/3 race only



STAGE 2

ANACONDA ROAD TIME TRIAL

COURSE DESCRIPTION:

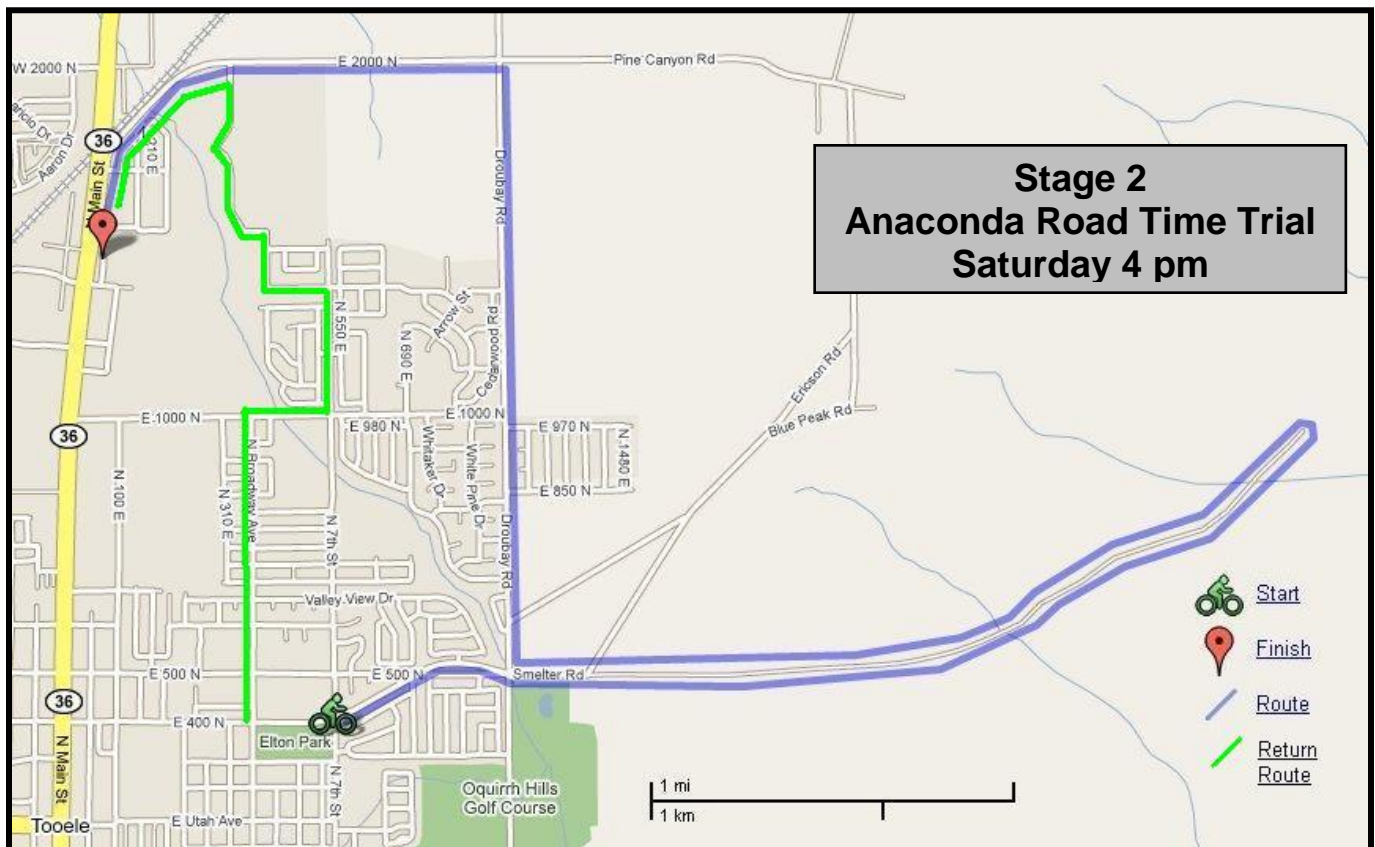
Stage 2 is a 9.0 mile (14.4 km) Time Trial. The course starts at the northeast corner of Elton Park in Tooele and proceeds east climbing into the foothills of the Oquirrh Mountains. After 3 miles of moderate climbing, the course U-turns and descends back towards the start and then turns right on Droubay Rd continuing downhill along the Circuit Race course. The course makes one last turn to the left on 2000 N and it's a quick 1.5 miles to the finish.

GETTING THERE:

From Main Street Tooele, turn east onto 400 North (look for the Jana's Java @ that corner). Continue east on 400 N for ½ mile to Elton Park.

RACE NUMBERS:

Jersey numbers must be worn on the **RIGHT**. Only one number on the Right is necessary for Cat 1/2 Men and Cat 1/2/3 Women. Frame numbers are optional.



START TIMES:

The first rider will start at **precisely 4:00 pm**.

Start Times will be posted following the completion of the Road Race. Start times will be posted at the northeast corner of Elton Park and online. Start times will be based off of GC rankings at the end of Stage 1.

Riders will go off at 30 second intervals. There may be up to a 3 minute gap between categories.

Category	Start time
Juniors	4:00 pm
CAT 4/Mas Women	follows
Masters B/55+	follows
Cat 5 Men	follows
Cat 4 Men	follows
Masters 35/45+	follows
CAT 3 Men	follows
Cat 1/2/3 Women	follows
CAT 1/2 Men	follows

WARMING UP:

The best option for warming up is a trainer or rollers. For those that like to warm up on the roads, head south (uphill) from the park to Vine Street and then head east (left). Vine Street heads towards Middle Canyon which is a similar climb to the early miles of the TT course.

DO NOT ride on 400 North, especially east of 7th Street where the start is located. You should **ONLY** ride east of 7th St (on 400 N) when lining up to start. Be sure to stay to the curb side of the cones near the start area at all times. If you want to check out the course, do so before 4 pm.

NOTE – any rider outside the cones on 400 N near the start ramp, on either side of the road, may be issued a penalty or fine by the officials.

MECHANICAL PROBLEMS:

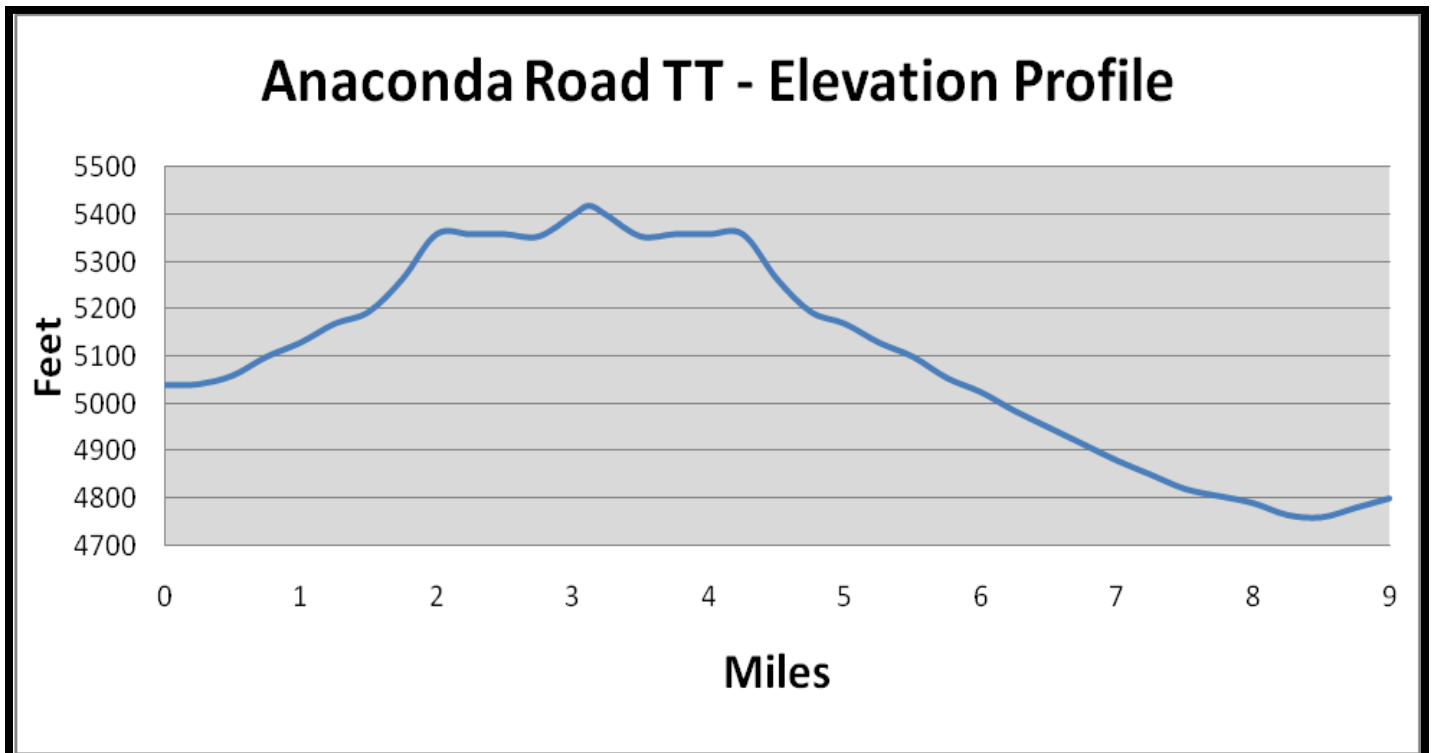
There will be spare wheels available on the course where course marshals are positioned (at the turns). Riders may get a new wheel in the event of a flat and continue on. If you cross the finish line, you will be given a time accordingly. If you feel that your mechanical (or other) has consumed too much time, you may return to the start and report to an official and you may be scored 10 seconds behind the slowest TT time in your category, with official's approval.

AFTER FINISHING:

It's a 3 mile ride from the finish back to the start. Head back along the course from the finish for ½ mile and then turn right and head through the neighborhood to return to the start. The return route will be well marked.

RESULTS:

Results will be posted at Elton Park, Race Headquarters (Holiday Inn Express) and online following the event.



STAGE 3

PINE CANYON CIRCUIT RACE

COURSE DESCRIPTION:

Stage 3 is a 5 mile circuit race with 260 ft of gain per lap. The climb is spread over 3 miles so it is mild, not exceeding 3%. The Finish is about 1 mile from the top of the course as the road flattens out some. The last 500 meters before the Finish will be closed to traffic and the entire road may be used.

STAGE 3 START TIMES

Category	Start time	# laps	Distance	Bonus Sprint at end of lap #
CAT 5 Men	9:00 am	4	20 mi	-
Women CAT 4 /Mas	9:03 am	3	15 mi	-
Juniors	9:06 am	2	10 mi	-
CAT 4 Men	10:05 am	5	25 mi	-
Women CAT 1/2/3	10:08 am	5	25 mi	2
Masters B/Mas 55+	10:11 am	4	20 mi	-
CAT 1/2 Men	11:30 am	8	40 mi	2 & 5
CAT 3 Men	11:33 am	7	35 mi	-
Masters 35/45+	11:36 am	6	30 mi	-

NOTE: Riders are on Lap 1 at the start.

Lap 2 starts after crossing the Finish Line for the first time.

GETTING THERE:

Elton Park - Same location as Stage 2.



SIGN IN:

There will be a Sign In for the stage at the check in area at the northeast corner of Elton Park. Sign in at least 20 minutes prior to your start time.

WARMING UP:

Do not warm up on the course. Roads to the south of the course are open and suitable for warming up. Head south (uphill) from Elton Park to Vine St, then head east (left) towards Middle Canyon.

There will be no open course period between races as races will start immediately after earlier ones finish. Riders may only be on the course during their race after the first race begins at 9 am.

STAGING AND STARTING:

Staging for the start will be at the northeast corner of Elton Park on 400 N (same as the TT start location). There will be a neutral rollout for each group from the park to the course. The race will begin after all riders have successfully made the left turn onto Droubay Road.

INTERMEDIATE SPRINT:

There will be two intermediate sprints for Cat 1/2 Men and one intermediate sprint for Cat 1/2/3 Women. The Sprint will be at the finish line. See the table on page 18 for the laps that will include an Intermediate Sprint.

TIME BONUSES (updated):

Stage 1 & 3 Time Bonuses for **Intermediate Sprints**
(Cat 1/2 Men & Cat 1/2/3 Women)

1st – 3 sec

2nd – 2 sec

3rd – 1 sec

Stage 1 & 3 Time Bonuses at the **Finish** (*all categories*)

1st – 10 sec

2nd – 6 sec

3rd – 4 sec

➤ All Time Bonuses apply to GC only, not to stage results

WHEEL CARS:

Wheel cars will be used like a normal road race. Supply spare wheels to your group's car to ensure availability.

NOTE – THERE ARE NO FREE LAPS.

FINISH LINE:

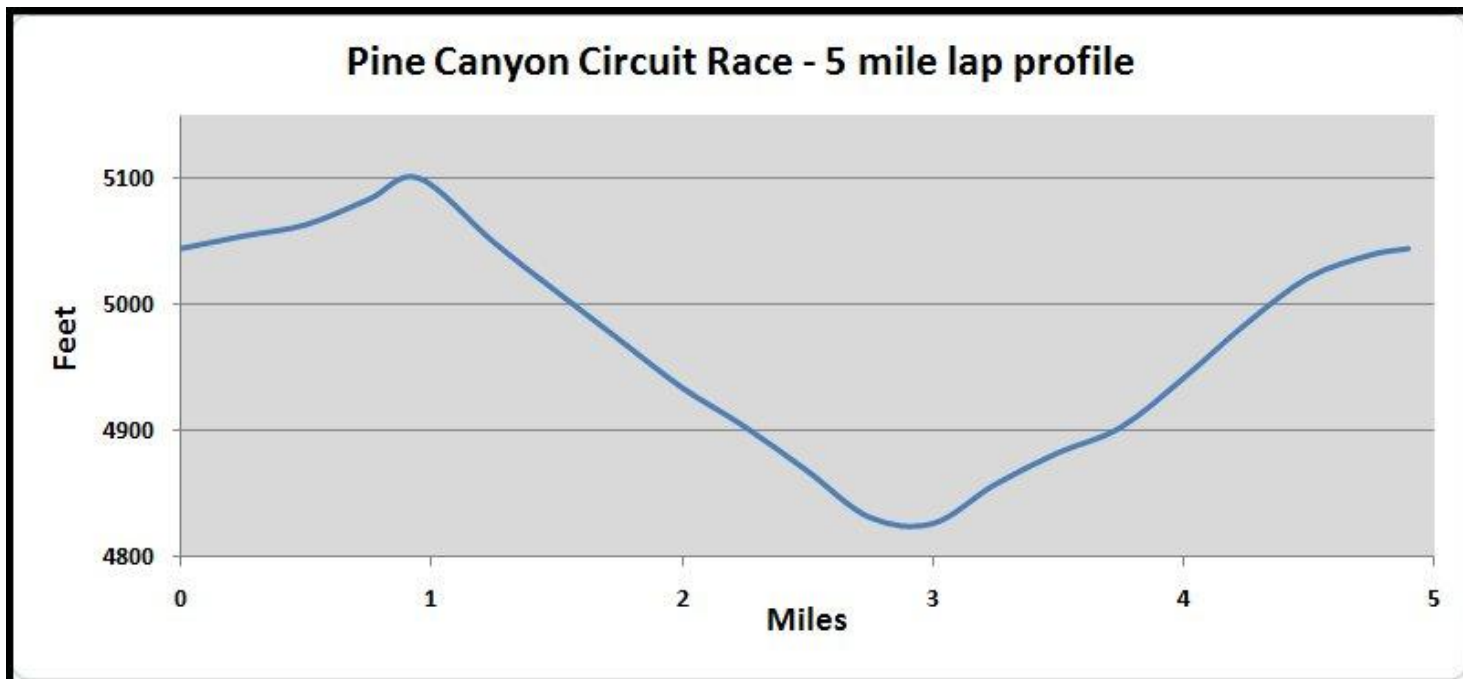
The road will be closed to traffic from 500 meters before the finish to 100 meters after the finish line. The entire road may be used for this section.

FINISH LINE PARKING:

Parking for spectators at the finish will be along the south side of Blue Peak Rd right near the finish. Please drive against the course to get to the finish. Be sure to park completely off the roadway as to not hinder local through traffic.

RESULTS:

Stage and overall results will be posted at Elton Park near sign-in following each groups' races.



AWARDS:

Awards for some categories will be presented near the Circuit Race Finish Line per the following schedule:

10:30 am – Juniors, Women Cat 4/Mas, Cat 5 Men

Noon – Cat 4 Men, Masters B/55+

Awards for all other categories will be presented at a post race celebration at **Elton Park** at approximately **1:45 pm**.

2011 TOUR OF THE DEPOT

\$5500 PAYOUT SCHEDULE

GC Place	Cat 1/2	Wom 1/2/3	Cat 3	Mas 35+/45+	Cat 4
1	350	220	220	220	150
2	220	135	135	135	100
3	175	105	105	105	70
4	145	85	85	85	50
5	120	60	60	60	30
6	105	50	50	50	
7	95	40	40	40	
8	85	35	35	35	
9	75	30	30	30	
10	65				
11	55				
12	50				
13	45				
14	40				
15	35				
Total:	1660	760	760	760	400

TT	Cat 1/2	Wom 1/2/3	Cat 3	Mas 35+/45+
1	60	50	50	50

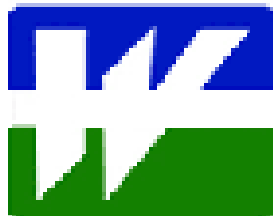
RR & CR	Cat 1/2	Wom 1/2/3	Cat 3	Mas 35+/45+
1	100	50	50	50
2	60	30	30	30
3	30	15	15	15
Total:	190	95	95	95

Total Payout	Cat 1/2	Wom 1/2/3	Cat 3	Mas 35+/45+	Cat 4
	2100	1000	1000	1000	1000

Prizes

In addition to cash awards there will be prizes that have been donated by the sponsors for Intermediate Sprint winners and top GC finishers in categories not listed here.

SPONSORS



Wasatch innovations

